



What's On in Sefton: Spring Term 2 2022

ADDvanced Solutions Community Network have an online and face-to-face offer to support children, young people, families and professionals in the Sefton area.

Our online offer is delivered using Zoom for Healthcare. If you are using a phone, you will need to download the Zoom app beforehand. The details we request are kept securely and used in line with our privacy policy:

<https://www.addvancedsolutions.co.uk/policies/privacy-policy.html>

If you are accessing our online offer using your mobile phone, please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Our COVID-19 Health & Safety commitment to you for face-to-face attendance

We will:

- Follow government guidance
- Offer hand sanitiser, face masks and face visors, if desired
- Test our team regularly
- Observe social distancing measures

We ask that you:

- Follow government guidance
- Do not attend if you have any COVID-19 symptoms
- Respect the venue, and our team's requests around observing COVID-19 health & safety measures
- Follow our registration process
- Observe social distancing measures
- Understand that we may need to limit face-to-face attendance

Community Network Groups

Community Network Groups provide a discussion based opportunity to develop your understanding around neurodevelopmental conditions (NDCs), to ask questions and share learning and experience. You can talk to other parents, the ADDvanced Solutions team and **visiting professionals** who can help and support you.

To attend our face to face Community Network Groups, come and join us at the address listed.

Some of our Community Network Groups for this term will be running online.

To join an online group, [click the appropriate registration link below.](#)



Monday All Areas Community Network Group

Mondays: 9:30am - 11:00am

Location: Online

[To join online: please click here to register](#)

- 28th February:** Autism, ADHD and Masking
- 7th March:** Introduction to ADHD
- 14th March:** Sleep Awareness Week Q&A Session
- 21st March:** Understanding Echolalia
- 28th March:** Celebrating Autism Acceptance Week
- 4th April:** The Zones of Regulation™ - Building Awareness of Feelings

Sefton Community Network Group

Wednesdays during term time: 12:45pm - 2:45pm

Location: Thornton Wellbeing Centre, Stannyfield Drive, Thornton, L23 1TY

- 23rd February:** Understanding Echolalia
- 2nd March:** Supporting Sleep Difficulties
- 9th March:** Sefton SEN and Inclusion Service
- 16th March:** SEND and Inclusion/Local Offer Officer
- 23rd March:** Neurodevelopmental Conditions and Anxiety
- 30th March:** Celebrating Autism Acceptance Week

Wednesday All Areas Community Network Group

Wednesdays: 5:00pm - 6:30pm

Location: Online

[To join online: please click here to register](#)

- 2nd March:** Neurodevelopmental Conditions and Anxiety
- 9th March:** Exploring Specific Learning Difficulties
- 16th March:** Sleep Awareness Week Q&A Session
- 23rd March:** The Zones of Regulation™ - Building Awareness of Feelings
- 30th March:** Celebrating Autism Acceptance Week
- 6th April:** Neurodevelopmental Conditions and Toileting

Coffee Mornings

We are happy to attend any face-to-face coffee mornings and/or online sessions to explain our current offer to families and professionals. Please contact the office.





Autism Post Diagnostic Learning Programme

We are delighted to provide an open offer to Liverpool and Sefton parents and carers, whose child/young person has received a diagnosis of autism (ASD) from Alder Hey NHS Trust, or from either Axia ASD Ltd or Healios via Alder Hey NHS Trust. This is a pilot offer in partnership with Alder Hey NHS Trust, commissioned by NHS Liverpool Clinical Commissioning Group (CCG), NHS South Sefton CCG and NHS Southport and Formby.

From the selection of online Learning Programmes listed for this half term, please choose the appropriate parent/carer course specific to the age of your child/young person: 3-8 years; 9-13 years or 14-19 years.

This Learning Programme is delivered over six weekly sessions. It is recommended that parents and carers attend all six sessions where possible.

Autism Post Diagnostic Learning Programme (Online)

For parents/carers of 3-8 yrs age group

Tuesdays: six weekly sessions from 9:30am-12:00noon

Location: Online

To join online, [please click here to register](#)

Tuesday 1st March: Session 1

Tuesday 8th March: Session 2

Tuesday 15th March: Session 3

Tuesday 22nd March: Session 4

Tuesday 29th March: Session 5

Tuesday 5th April: Session 6

Autism Post Diagnostic Learning Programme (Online)

For parents/carers of 9-13 yrs age group

Mondays: six weekly sessions from 9:30am-12:00noon

Location: Online

To join online, [please click here to register](#)

Monday 28th February: Session 1

Monday 7th March: Session 2

Monday 14th March: Session 3

Monday 21st March: Session 4

Monday 28th March: Session 5

Monday 4th April: Session 6

Please see next page for our online Autism Post Diagnostic offer for parents/carers of 14-19 age group.



Autism Post Diagnostic Learning Programme (Online)

For parents/carers of 14-19 yrs age group

Wednesdays: six weekly sessions from 9:30am-12:00noon

Location: Online

To join online, [please click here to register](#)

Wednesday 2nd March: Session 1

Wednesday 9th March: Session 2

Wednesday 16th March: Session 3

Wednesday 23rd March: Session 4

Wednesday 30th March: Session 5

Wednesday 6th April: Session 6

Sensory Processing Difficulties Learning Workshops (Online)

Our Sensory Processing Difficulties learning workshops will be delivered as webinars. It is recommended that you attend all three sessions.

Mondays: 1:00pm-2:30pm

[Please click here to register for the three sessions.](#)

14th March: Introduction to Sensory Processing Difficulties

(Session 1 of 3)

21st March: Emotional Regulation and Praxis

(Session 2 of 3)

28th March: Sensory Strategies

(Session 3 of 3)

Learning Workshops for Families (Online)

Our Family Learning Workshops, delivered as webinars, have been designed for families to better recognise, understand and support their own needs and those of their children and young people living with neurodevelopmental conditions (NDCs).

[Please click the appropriate link\(s\) below to register:](#)

Thursday 17th March

10:00am-12:00noon: [De-escalation Strategies for NDCs](#)

Thursday 31st March

9:30am-12:30pm: [Supporting Sleep Difficulties](#)



Professionals Learning Workshops (Online)

Our Professionals Learning Workshops, delivered as webinars, will support you and your organisation to better recognise, understand, and improve outcomes for the children, young people, and families that you work with. Parents/carers are also welcome to attend.

Please click the appropriate link below to register:

Thursday 24th March

3:30pm-5:30pm:

[Behaviours that challenge: working together with families to explore what's really going on](#)



Follow us on Twitter: @ADDvancedSol



Follow us on Instagram: @ADDvancedSolutions



Like us on Facebook: ADDvanced Solutions Community Network

Join our closed Facebook group for parents and carers:

ADDvanced Solutions Community Network Discussion Group

Telephone: 0151 486 1788

For full details and descriptions of the events listed in this 'What's On' newsletter, please visit the What's On section on our website [ADDvanced Solutions Community Network](#) and view the calendar listings.

Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, **we have listed the local area crisis contact details on our urgent support page, which you can find on our website: www.advancedsolutions.co.uk under the 'Contact' menu option**, where you will also find links to national organisations that can offer support.

Click [HERE](#)