



Personal Development Plan External Trip or External provider

Year	Trip/Event	Internal/ External	Area of PD	Curriculum Area	Staff Lead	Time	Selection Criteria
7	LFC Foundation transition Workshops	Internal	Transition	PSHE	Yr 7 PL	Autumn	All
	Venus- SEAS 6 Week programme	Internal	Enhanced Transition	PSHE	Learning Mentor & Senco Team	Autumn	SEND/ SEMH- primary school identified
	Smashed- CIC	Internal	Alcohol awareness	PSHE	PSHE CL and PL	Autumn	All
	St Georges Church-Welcome Mass	External	Prayer & Liturgy, Reflection Community- Parent engagement	Catholic Life	Chaplain and CL RE	Autumn	All
	Retreat	Internal	Prayer & Liturgy	Catholic Life RE	Chaplain and CL RE	Autumn	All
	LFC Foundation Enhanced Transition 12 week Programme- Trip to Anfield to conclude	Internal	Transition Skill- teamwork, resilience, communication	Wellbeing	Learning Mentor & Senco Team	Autumn	SEND/ SEMH- primary school identified
	SWACA Sefton- Healthy	Internal	Healthy Relationships Signs of Domestic Abuse	PSHE/ Safeguarding	PSHE CL and Senco Team	Autumn	Cpoms & All Send Students



	LFC Foundation. Antibullying Workshops	Internal	Anti-bullying Awareness Call it out training	PSHE/ Safeguarding	AHT Arnold	Spring	All
	Zoolab	Internal	Habitats – tropical, rainforest, deserts, polar regions & Oceans	Geography	Geography Team	Spring	All
	LFC Foundation – Wellbeing workshops	Internal	Wellbeing activities	PSHE/ Wellbeing	CL PSHE & Wellbeing Team	Spring	All
	Aintree Racecourse	External	Maths at Work Employer Engagement Cultural Capital Local History	Maths	AHT Arnold CL Maths	Summer	All
	Edgehill University	External	Introduction to HE University Life Campus Tour Raising Aspirations	Careers	Careers Leader	Summer	All
	Evolve	Internal	Preventative Drug Awareness/ education	PSHE/ Safeguarding	PSHE CL and PL	Summer	All
	Merseyside Police	Internal	Weapons	PSHE/ Safeguarding	PSHE CL and PL	Summer	All
	VR Work experience- Elevate	Internal	Work experience and Travel	Careers	Careers Leader	Summer	Send Cohort



	Museum and Gallery Culture Day- Liverpool City Centre	External	Cultural Capital Gallery-History through Art-Medieval Church or Tudor and reformation, conservation Visit- self guide. WW1 trail Liverpool History	History Art and Design	History CL Art CL	Summer	All
	Sports Awards- Aintree Racecourse	External	Sports Celebration Aspirations Professional Sports Personality Parent Engagement	PE	PE CL and Sports Coordinator	Summer	Invited Cohorts
8	Eves Story or Terriers- Royal Court Theatre group	Internal	County lines, grooming and exploitation	PSHE/ Safeguarding	PSHE CL and PL	Autumn	All
	LFC Foundation Onside Programme	Internal	County lines, grooming and exploitation	PSHE/ Safeguarding	Behaviour RESET Manager	1 cohort of 8 per term	Identified Cohort- Cpoms
	LFC Foundation Empower Leadership 12 week Programme- trip to Anfield	Internal	Emotional and Mental Health and Self Esteem.	Wellbeing	Learning Mentor and PL	Cohort of 15 per Term	Identified Cohort- 50% behaviour and 50% PP
	Careers Convention	Internal	Market place- over 50 Universities, employers, apprenticeships, colleges, Sixth Form and Alumni	Career	Careers CL and Careers Advisor	Autumn	Self referred- lunch time visit



	SWACA Sefton- Healthy Relationships	Internal	Healthy Relationships Signs of Domestic Abuse	PSHE/ Safeguarding	PSHE CL	Autumn	Cpoms identified cohorts only
	LFC Foundation. Conflict Resolution Workshops	Internal	Conflict Resolution Effective Communication	PSHE	AHT Arnold	Spring	All
	LFC Foundation – Wellbeing workshops	Internal	Wellbeing activities	PSHE/ Wellbeing	CL PSHE & Wellbeing Team	Spring	All
	Retreat- Savio House	External	Prayer & Liturgy, Reflection Key Skill Development	Catholic Life RE	Chaplain and CL RE	Spring	All invited- 25 attend
	Netball Tour- Euro Disney	External	Sport aspiration & development International cultural experience	Physical Education	Assistant CL PE	Spring	Criteria- 75% reward, 95% Attendance No truancy. Netball Team
	International Football Tour	External	Sport aspiration & development International cultural experience	Physical Education	PE Team	Spring	Criteria- 75% reward, 95% Attendance No truancy. Football Team/Training
	Merseyside Police	Internal	Harassment	PSHE/ Safeguarding	PSHE CL and PL	Summer	All



	Rob Jackson NHS	Internal	Preventative Impact of Knife Crime	PSHE/ Safeguarding	PSHE CL and PL	Spring	All
	Evolve (unless done in yr 7)	Internal	Preventative Drug Awareness/ education	PSHE/ Safeguarding	PSHE CL and PL	Spring	All
	Chester Zoo	External	Climate sustainability and Eco Systems	Science and Geography	Science Assistant-CL	Summer	All
	Aintree Literacy Day- Racing to School & Marketing and Coms	Internal	Literacy- Media, Oracy Key skills- teamwork, enterprise and presentation	English & PSHE	PSHE Leader & KS3 Eng Lead	Summer	All
	VR Work experience- Elevate	Internal	Work experience and Travel	Careers	Careers Leader	Summer	Send Cohort
	Sports Awards- Aintree Racecourse	External	Sports Celebration Aspirations Professional Sports Personality Parent Engagement	PE	PE CL and Sports Coordinator	Summer	Invited Cohorts
9	Eves Story or Terriers- Royal Court Theatre group (opposite to the year before)	Internal	County lines, grooming and exploitation	PSHE/ Safeguarding	PSHE CL and PL	Autumn	All
	Careers Convention	Internal	Market place- over 50 Universities, employers, apprenticeships, colleges, Sixth Form and Alumni	Careers	Careers CL and Careers Advisor	Autumn	Self referred- lunch time visit



	LFC Foundation 6 week programme- ends with a trip to Anfield	Internal	Emotional and Mental Health and Self Esteem.	Wellbeing	Learning Mentor PL	Cohort of 15 per Term	Identified Cohort- behaviour, PP, attendance and wellbeing survey
	Aintree Careers	Internal	Employer Encounters Local culture and heritage	Careers	Careers CL and PL for Yr 9	Autumn	All
	Retreat- Savio House	External	Prayer & Liturgy, Reflection Key Skill Development	Catholic Life RE	Chaplain and CL RE	Autumn	All invited- 25 attend
	SWACA Sefton- Healthy Relationships	Internal	Healthy Relationships Signs of Domestic Abuse	PSHE/ Safeguarding	PSHE CL	Autumn	All as of 2025/26
	Ski Trip	External	Physical Education International Trip opportunity	Physical Education	PE CL	Spring	Criteria- 75% reward, 95% Attendance, no truancy. Can't take a place over someone else if (been the year before or on the Football Trip) Can join a waiting list
	Cells	Internal	County lines, grooming, exploitation, drugs and gangs	PSHE/ Safeguarding	Wellbeing Team	Spring	All



	LFC Foundation – Wellbeing workshops	Internal	Wellbeing activities	PSHE/ Wellbeing	CL PSHE & Wellbeing Team	Spring	All
	Duke of Edinburgh	External	Skill Development, exploring, teamwork, resilience and Leadership	Physical Education	D of E Leader	Spring	All invited -30 attend
	Careers Guidance Interview- Independent Careers Advisor	Internal	Careers, aspirations and post 16 and 18 options	Careers	Careers CL	Spring	PP and Send Cohorts
	Industry Day- Speed one to ones with a variety of employers	Internal	Employer Encounters Raising Aspirations Labour Market	Careers	Careers CL	Spring	All
	Merseyside Police	Internal	Hate Crime	PSHE/ Safeguarding	PSHE CL and PL	Summer	All
	Places of Worship	External	Places of Worship- different religions Links to Curriculum	RE	RE Team	Summer	All
	Wimbledon Trip	External	Culture British Heritage Sport and aspiration	PE	PE Team	Summer	Criteria- 75% reward, 95% Attendance, no truancy. Males and Females- PP Tennis Club



	Sports Awards- Aintree Racecourse	External	Sports Celebration Aspirations Professional Sports Personality Parent Engagement	PE	PE CL and Sports Coordinator	Summer	Invited Cohorts
10	Careers Convention	Internal	Market place- over 50 Universities, employers, apprenticeships, colleges, Sixth Form and Alumni	Careers	Careers CL and Careers Advisor	Autumn	Self referred- lunch time visit HAP protected timeslot SEND students with TA support
	Aintree Marketing Day	Internal	External- Racing to Schools and Marketing & Communications Manager Employer Encounter Enterprise Skills	PSHE, Business and Art	PSHE CL	Autumn	Business Studies and Art Students. Plus threshold students- 95% attendance, no truancy and no more than 40 negatives
	Aspiration programme Disadvantaged boys- Elevate	Internal	Universities, employers, apprenticeships, colleges Destination options. Aspirations	Careers	Careers CL and Careers Advisor	All year	PP Boys with attendance barriers
	SWACA Sefton- Healthy Relationships	Internal	Healthy Relationships Signs of Domestic Abuse	PSHE/ Safeguarding	PSHE CL	Autumn	Cpoms identified cohorts only
	Royal court- Domestic Abuse	Internal	Healthy relationships Signs of domestic abuse Case studies and signposting	PSHE/ Safeguarding	PSHE CL and SENCO	Autumn	All Send



	Venus Day Programme- 12 weeks	Internal	Domestic Abuse and Self esteem	PSHE/ Safeguarding	Safeguarding Assistant	1 Cohort Half term 1 and 2	Cpoms identified cohorts
	Ski Trip	External	Physical Education International Trip opportunity	Physical Education	PE CL	Spring	Criteria- 75% reward, 95% Attendance, no truancy. Can't take a place over someone else if (been the year before or on the Football Trip) Can join a waiting list
	LFC Foundation 6 week programme- ends with a trip to Anfield	Internal	Emotional and Mental Health and Self Esteem.	Wellbeing	Learning Mentor PL	Cohort of 15 Spring	Identified Cohort- behaviour, PP, attendance and wellbeing survey
	PGL Study Skills Trip	External	Core subjects Key Skill Development Residential Experience	English, Maths and Science- RE?	HAP Lead	Spring	HAP/ PP? Cohort Summer
	LFC Foundation – Wellbeing workshops	Internal	Wellbeing activities	PSHE/ Wellbeing	CL PSHE & Wellbeing Team	Spring	All
	Retreat -Rome Or Auschwitz	External	Prayer & Liturgy, Reflection International Experience Places of Worship	Catholic Life RE	Chaplain and CL and Assistant CL RE	Spring	Criteria- 75% reward, 95% Attendance, no truancy. Priority given to those who have not



							been on an international trip
	Work Experience	External	Employer Encounter Employability Skills Raising Aspirations Health and Safety in the Work Place	Careers	Careers Leader	Summer	All
	RSE- Specialist Delivery	Internal	Relationships and Sex Education Statutory Topics. Body and Consent	PSHE	PSHE CL	Summer	All (Male and Female workshops)
	London Dance Trip	External	Pineapple Studios Specialist dance workshops Employer Encounter Cultural Development	Dance	Dance Teacher	Summer	Year 10 Dance group
	Evolve	Internal	Preventative Drug Awareness/ education- year 10 top up from Yr 7	PSHE/ Safeguarding	PSHE CL and PL	Summer	All
	Merseyside Police	Internal	Harassment and consent	PSHE/ Safeguarding	PSHE CL and PL	Summer	All
	Hospitality Trip	External	Aintree Racecourse – Kitchen and events tour	Hospitality	Hospitality Teacher	Spring/Summer	Hospitality Cohort
	Construction Trip	External or Internal	Site Visits or Sovini Industry Day	Construction	Construction Lead and Careers Leader	Spring/Summer	Construction Cohort- Reward based Threshold



	Performing Arts Theatre Trip	External	Liverpool Theatre Specialist drama workshops Employer Encounter- Cast Q/A Behind the Scenes	Performing Arts	PA Lead	Summer	Year 10 Performing Arts/ Drama Cohort
	Spanish Restaurant	External	Spanish Culture and Cuisine Ordering in Spanish	MFL	MFL Leader	Summer	Year 10 MFL Cohort
	College Trip	External	Destination Support	Careers	Careers CL and Senco	Summer	SEND Cohort
	Careers Guidance Interview- Independent Careers Advisor	Internal	Careers, aspirations and post 16 and 18 options	Careers	Careers CL	Summer	PP and Send and HAP Cohorts
	Sports Awards- Aintree Racecourse	External	Sports Celebration Aspirations Professional Sports Personality Parent Engagement	PE	PE CL and Sports Coordinator	Summer	Invited Cohorts
11	Careers Convention	Internal	Market place- over 50 Universities, employers, apprenticeships, colleges, Sixth Form and Alumni	Careers	Careers CL and Careers Advisor	Autumn	All
	Apprenticeships Session	Internal	Post 16 Options	Careers	Careers CL	Autumn	All



	Application Form Workshop-Elevate	Internal	Post 16 Employer Encounter Employability Skill	Careers	Careers CL	Autumn	All
	Mock Interviews	Internal	One to one interview with an external employer with one to one feedback	Careers	Careers CL	Autumn	All
	Geography Field work Trip	External	Curriculum based learning Rivers	Geography	Geography Team	Autumn	Year 11 Geography Cohorts
	Careers Guidance Interview- Independent Careers Advisor	Internal	Careers, aspirations and post 16 and 18 options	Careers	Careers CL	Autumn and Spring	PP and Send Seen 1 st and twice. All seen once
	Theatre Trip	External	GCSE Text Performance	English and PA	English CL and Assistant CL	Autumn	All invited
	EITC NCS Study Skills Programme	External	Study Skills	PSHE	Year 11 PL	All Year	PP and identified Exam Stress form Surveys
	PGL Study Skills Trip	External	Core subjects Key Skill Development Residential Experience	English, Maths and Science- RE?	HAP Lead	Spring	HAP/ PP? Cohort Summer
	St Georges Church-Leavers Mass	External	Prayer & Liturgy, Reflection Community- Parent engagement	Catholic Life	Chaplain and Year 11 PL	Summer	All Invited
	Prom	External	Community Celebration Hospitality	School Life	Year 11 PL	Summer	Threshold 75% Threshold Punctuality and



							Attendance
	Sports Awards- Aintree Racecourse	External	Sports Celebration Aspirations Professional Sports Personality Parent Engagement	PE	PE CL and Sports Coordinator	Summer	Invited Cohorts
12	Careers Convention	Internal	Market place- over 50 Universities, employers, apprenticeships, colleges, Sixth Form and Alumni	Careers	Careers CL and Careers Advisor	Autumn	Self referred- lunch time visit
	LFC Foundation – Wellbeing workshops	Internal	Wellbeing activities	PSHE/ Wellbeing	CL PSHE & Wellbeing Team	Spring	All
	Royal court- Domestic Abuse	Internal	Healthy relationships Signs of domestic abuse Case studies and signposting	PSHE/ Safeguarding	PSHE CL and SENCO	Autumn	Identified Vulnerable cohort from previous year 11)
	HE Conference/visit	External	Next Steps Convention- external location	Careers	Sixth Form PL	Summer	All
	Work Experience	External	Employer Encounter Employability Skills Raising Aspirations Health and Safety in the Work Place	Careers	Careers Leader	Summer	All



	Careers Guidance Interview-Independent Careers Advisor	Internal	Careers, aspirations and post 16 and 18 options	Careers	Careers CL	Summer	All
	Oxbridge Trip	External	Raising Aspirations	Careers	Sixth Form PL and KS5 Further Maths Lead	Summer	Ability based
	Personal Statement Workshops	Internal	University support with Personal Statements	Careers	Sixth Form PL and Careers Leader	Summer	All
13	CERN Trip	External	Physics Aspiration International Experiences	Science	Physics A Level Teacher	Spring	Physics Cohort
	LFC Foundation – Wellbeing workshops	Internal	Wellbeing activities	PSHE/ Wellbeing	CL PSHE & Wellbeing Team	Spring	All
	New York	External	Cultural Development Landmarks 911 History Museum Ellis Island and Statue of Liberty River Cruise Empire State Building Central Park Brooklyn Bridge International Experiences	Social Sciences	Social Science CL and Sixth Form CL	Spring	All

*Other individual Trips and Events are held throughout the year but above is the consistent plan without the Ad Hoc opportunities and experiences.

*Sport have additional tournaments and Fixtures which have not been added



Over a number of years

Attention Seekers- Self Harm Awareness- All year groups 2025/2026 academic Year- September

Operation Prospect- Armed Police, gangs, Weapons, stop Search, conduct in the community- Years 8-10 academic Year 2024/2025 June