



# MARICOURT SIXTH FORM CENTRE

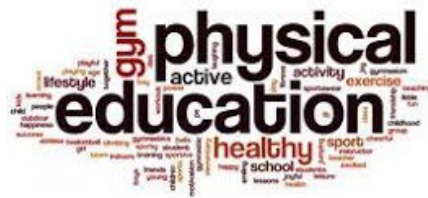
## Sport

### What is it?

Studying the BTEC National Extended Certificate (*single option*) or Diploma (*double option*) in Sport will bridge the gap between GCSE's and a career in the Sports Industry or prepare you for University. Our courses will allow you to learn about Anatomy and Physiology and how it affects a sportsperson, you will also learn about the different methods used to test and train physical fitness. Assessed by a mixture of exams, controlled assessments and coursework you will also work through a case study to improve a client's lifestyle. Finally, you will study a mandatory unit on professional development with the aim of preparing you to enter a career in sport. For those choosing the Diploma, you will enjoy lessons on Sports Psychology, Skill Acquisition, Techniques and Tactics, Sports Leadership and Business in the Sports Industry. We also strongly encourage you to choose Sports Leadership alongside this course as the perfect enrichment option to compliment your studies.

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### Requirements

GCSE PE—Grade 6

*or a*

Vocational Award in  
Sport and Coaching  
Principles—Merit

*plus*

GCSE English Language  
—Grade 4

### Assessment

#### EXTENDED CERTIFICATE

1 x 90 min Written Exam 90  
marks

1 x 2.5 hour Controlled  
Assessment 60 marks

2 x Units of Coursework

#### DIPLOMA

*In addition to the above*

1 x 3 hour Controlled  
Assessment 64 marks

4 x Units of Coursework

### Content

#### EXTENDED CERTIFICATE

Year 12 Units

(1) Anatomy & Physiology

(5) Application of Fitness Testing

Year 13 Units

(2) Fitness Training and  
programming for sport, health and  
wellbeing.

(3) Professional Development in the  
Sports Industry

#### DIPLOMA

Year 12 Units

(6) Sports Psychology

(23) Skill Acquisition

(26) Technical and Tactical Demands

Year 13 Units

(4) Sports Leadership

(22) Investigating Business in Sport