

Dear Parents/Carers,

At Maricourt, we believe in providing a holistic education that encompasses not only academic excellence, but also the development of the knowledge, values and essential life skills that will support our students as they grow into adulthood. An important part of this is Relationships, Sex and Health Education (RSHE).

The Department for Education has recently revised the statutory guidance for Relationships, Sex and Health Education, with the updated guidance coming into effect from 1 September 2026. As a school, we have reviewed our provision to ensure that our curriculum reflects these updated statutory requirements and continues to meet the needs of our students.

In alignment with our Catholic values and ethos, we recognise the importance of fostering a respectful and responsible understanding of relationships and human sexuality. Our aim is to equip students with the knowledge, understanding and values that will enable them to make informed and responsible decisions as they navigate relationships and the challenges they may encounter as they grow older.

Relationships, Sex and Health Education is delivered primarily through our PSHE curriculum, alongside relevant teaching across a range of curriculum areas, including Religious Education, Science, PE, IT and Computing, and Performing Arts. We continue to use resources provided by Ten Ten Resources through the Life to the Full programme, which supports the delivery of RSHE within a Catholic context.

Our curriculum is also enhanced through contributions from a range of external specialist agencies and professionals, who provide students with additional expertise, guidance and opportunities to engage with important issues in an age-appropriate way. These include Safety, Wellbeing and Challenging Abuse (SWACA), which supports education around healthy relationships and domestic abuse; SMASHED, an alcohol education programme supporting young people to understand the risks associated with underage drinking and make informed choices; Rob Jackson, A&E Nurse; and Ally Hodgson from Evolve, alongside other specialist organisations where appropriate. This provides students with opportunities to hear from professionals with relevant experience and complements the learning taking place within our wider RSHE curriculum.

Through our RSHE provision, we aim to provide a safe and supportive environment in which students can explore and discuss topics relating to relationships, health, wellbeing, love and human sexuality. Central to our approach is the dignity of every

individual and the importance of developing healthy relationships based upon mutual respect, responsibility and understanding.

Parents and carers play an important role in supporting this area of their child's education. We therefore encourage you to familiarise yourself with the curriculum and the content your child will study. Our school website contains further information about our PSHE and RSE provision, including curriculum information and relevant school policies.

You can also access the Ten Ten Parent Portal, which enables parents and carers to view the content of the Life to the Full programme and understand what students will encounter at different stages.

Ten Ten Parent Portal:

[www.tentenresources.co.uk/parent-portal]

Username: MaricourtParent

Password: Parent2023

Our relevant school policies, including our RSE and safeguarding policies, can be accessed through the school website:

<https://www.maricourt.net/about/statutory-and-school/>

We value the partnership between school and parents and carers in this important area of education. If you have any questions regarding our RSHE provision or would like to discuss any aspect of the curriculum, please do not hesitate to contact me.

Should you wish to know more about the RSHE curriculum the link to our website with all the information can be found below.

<https://www.maricourt.net/wellbeing/relationships-and-sex-education-rse-/>

Yours faithfully,

Mrs Stevie Tynan

Associate Assistant Headteacher PSHE and Sixth Form Lead