



## GCSE PE Timetable

			Lesson Time	After School
X	Monday	20/02/2023	Coursework Hand in	
X	Tuesday	21/02/2023		
X	Wednesday	22/02/2023	Revision / Climbing • Cardio/respiratory	Revision A9
X	Thursday	23/02/2023		
X	Friday	24/02/2023	Revision /Climbing • skeletal	
Y	Monday	27/02/2023	Coursework corrections	
Y	Wednesday	01/03/2023		Revision A9
Y	Friday	03/03/2023	Coursework Corrections /Climbing	
X	Monday	06/03/2023	Coursework/ revision	
X	Tuesday	07/03/2023	Practical MARKS/ internal review	
X	Wednesday	08/03/2023	Revision- Muscular system • Muscle contraction	Revision A9
X	Thursday	09/03/2023		
X	Friday	10/03/2023	• Planes and Axes • Levers	
Y	Monday	13/03/2023	• Sport Technology	
Y	Tuesday	14/03/2023	DEAD LINE FOR PRACTICAL MARKS	
Y	Wednesday	15/03/2023		Revision A9
Y	Friday	17/03/2023	• Revision- Goal setting/ • Information processing	
X	Monday	20/03/2023	• Revision -Guidance • Mental preparation • Motivation	
X	Tuesday	21/03/2023		
X	Wednesday	22/03/2023	• Revision -skill • Practice	Revision A9
X	Thursday	23/03/2023	ALL VIDEO FOOTAGE COMPLETED	
X	Friday	24/03/2023	Revision • Participation • Provision • Performance	
Y	Monday	27/03/2023	• Revision -Warm up and cool down	



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Y	Tuesday	28/03/2023	Practical/ NEA scores sent to Moderator	
Y	Wednesday	29/03/2023		Revision A9
Y	Friday	31/03/2023	<ul style="list-style-type: none"> <li>Revision -Short and long term effects of exercise</li> </ul>	
			<b>EASTER REVISION School</b> <ul style="list-style-type: none"> <li>Health</li> <li>Diet</li> <li>Components of fitness</li> <li>Fitness testing</li> </ul>	

			LESSON	AFTER SCHOOL
X	Monday	17/04/2023	Revision- Exam Practice	
X	Wednesday	19/04/2023	Practical	Revision A9
X	Friday	21/04/2023	Practical	
Y	Monday	24/04/2023	Practical	
Y	Tuesday	25/04/2023	<b>PRE PRACTICAL MODERATION DAY</b>	
Y	Wednesday	26/04/2023	<b>MODERATION DAY</b>	
Y	Friday	28/04/2023	Revision <ul style="list-style-type: none"> <li>Methods of training</li> <li>Training zones</li> <li>Principles of training</li> </ul>	
Y	Monday	01/05/2023	Bank Holiday	
X	Wednesday	03/05/2023	Revision -Exercise Physiology	<b>PIZZA NIGHT 3.30-5.30 Revision A9</b>
X	Thursday	04/05/2023	<b>DEADLINE FOR ALL MARKS TO EXAM BOARD</b>	
X	Friday	05/05/2023	Revision- Exam Technique/ Health and training	
X				
X	Monday	08/05/2023	Revision- Exam Technique / movement analysis	
X	Wednesday	10/05/2023		Revision A9
X	Friday	12/05/2023	Revision- Exam Technique/ socio cultural	
Y	Monday	15/05/2023	Revision- Exam Technique/ psychological	
Y	Wednesday	17/05/2023	<b>FINAL GCSE PE EXAM 1pm 2Hrs</b>	
Y	Friday	19/05/2023		